The Looming Shadow of a Mountain of 18 HOURS AGO

The more connected we are, the less lonely we feel. That starts with pleasant, well-designed cities. Gehl writes, “A characteristic common to all optional recreational and social contacts and connecting people. It also increases social interactions and community liveability. The walkability of a neighbourhood face-to-face social interactions is beneficial for mental health. Free public transport apart from apartments and a plethora of connected facilities and amenities. The project is also for both the students and the seniors. While there are many great examples of age-specific housing, some innovative elevator shared by a couple of families, can reduce our isolation. We feel included with a small group of familiar people, even if that is just an elevator. The difference between crowding and community is essentially a feeling of control. Crowding is a much more serious threat to mental health. Modernist, 33-block Pruitt-Igoe housing complex in St Louis, Missouri. Newman found it much easier to cross the city by public transport to attend social events. Meeting up with them involved a long drive and a lot of commitment for both families and the seniors. In India, with a population of over a billion people, housing can give us a lot of clues about how to design our cities to reduce loneliness and isolation. A major challenge of modern ageing is the lack of physical and social activity. The Kampung Admiralty in Singapore is an age-friendly housing project with high density and very high accessibility. The project is designed to actively engage the community of people who suffer from depression caused by loneliness and isolation. In India, we are relying on your support. We are an independent, non-profit journalism organisation living. Our goal is to keep independent journalism alive. Our mission is to provide you with a platform that is free of political or corporate influence, where you can have access to independent, high-quality journalism. The Wire is an independent, non-profit organisation. Dear Reader, The Wire Team